Mediterranean Olive Bruschetta 34oz

New Exclusive Item for Costco

Who knew eating so healthy would taste so good! Use this Mediterranean Olive Bruschetta with your favorite foods such as Grilled Breads, Crackers, Salads, Wraps, Pizza, Sandwiches, Chicken or Fish. Enjoy this healthy food!



Grilled Chicken Bruschetta Recipe (2 Servings)

Ingredients

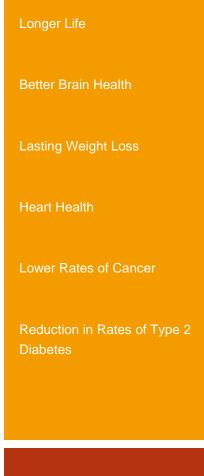
- 1. 1 cup Tragano Mediterranean Olive Bruschetta
- 2. 2 boneless skinless chicken breasts
- 3. ¼ cup extra virgin olive oil
- 4. Salt to taste
- 5. Pepper to taste
- 6. 2 garlic cloves minced
- 7. ¼ cup chopped basil

How to Make Bruschetta Chicken

- 1. Open a jar of Tragano Mediterranean Olive Bruschetta and set 1 cup aside.
- 2. Beat Chicken Beat the chicken breasts until they have an even thickness.
- 3. Season Chicken combine the olive oil with minced garlic and chopped basil. Add chicken and coat on all sides.
- 4. Grill Chicken Grill the chicken over medium heat 3-5 minutes per side, or until temperature reaches 165 degrees. Remove from heat.
- 5. Plate the Chicken place cooked chicken on a plate, top with Tragano Mediterranean Olive Bruschetta

Mediterranean Foods

Have overwhelming health benefits! The Mediterranean diet is ranked as one of the top diets by a panel of health experts at U.S. News & World Report. An overwhelming amount of research shows it can lead to....



Nutrition Facts

Servings: 32, Serv, size: 2 Tbsp (30g), Amount per serving: Calories 110 Total Fat 12g Cholesterol 0mg Sodium 480mg Total Carb 1g Sugars 0g Protein 0g